**Russian Penicillin by Miguel Larcher**

1 orange, peeled   
2 lemons, peeled

3 cloves of garlic

3 slices of ginger

¼ t tumeric  
pinch of cayenne pepper

Mix all well in blender with two cups of water (add more water if clogged)

Take one spoonful at a time (up to 1 cup for adults and ½ cups for children per day)

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